

JEFFERSON/FRANKLIN

CONSORTIUM

2012 Resource Guide

"Don't be afraid of the space between your dreams and reality. If you can dream it, you can make it so."

Belva Davis

Jefferson/Franklin Consortium does not endorse any agencies listed in this directory.

Jefferson/Franklin Consortium Youth Council

The Youth Council was formed in 2000 through the Workforce Investment Act. The Council provides guidance on youth employment and training policy development to the Workforce Investment Board. The Youth Council is dedicated to enhancing education and employment opportunities for youth while strengthening collaborative links within the Jefferson/Franklin region.

For questions regarding WIA Youth Programs, please contact the Division of Workforce Development at 1-800-292-1314 or 636-287-8909 in Jefferson County and 636-239-6703 in Franklin County.

"You must take personal responsibility. You cannot change the circumstances, the seasons, or the wind, but you can change yourself. That is something you have charge of."

Jim Rohn

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Acronyms:

Programs often have their own “language” and use shortened abbreviations “acronyms” to communicate. The following acronyms are a few that are common in workforce development and education programs:

ADA	Americans with Disabilities Act
AEL	Adult Education and Literacy
BLS	Bureau of Labor Statistics, U.S. Department of Labor
DESE	Department of Elementary and Secondary Education
DHE	Department of Higher Education
DOL	Department of Labor
DWD	Division of Workforce Development
FERPA	Family Educational Rights and Privacy Act
GED	General Educational Development
HEA	Higher Education Act
IDEA	Individuals with Disabilities Education Act
IEP	Individualized Education Program/Individual Employment Plan
ILP	Independent Living Program
ISS	Individual Service Strategy
ITA	Individualized Training Account
LEO	Local Elected Official
LLSL	Lower Living Standard Income Level
LMI	Labor Market Information
NCRC	National Career Readiness Certificate
O*NET	Occupational Information Network
SSA	Social Security Administration
TANF	Temporary Assistance for Needy Families
UI	Unemployment Insurance
VR	Vocational Rehabilitation
WIA	Workforce Investment Act
WIB	Workforce Investment Board

Adult Vocational Services – Next Steps for Life

#12 Municipal Drive, Suite A
Arnold, MO 63010
636.282.4477 or 636.933.4900
Fax: 636.282.0843 or 636.933.9221
Email: avs@dsjc.org

Services: Adult Vocational Services is a non-profit community based employment agency that provides services to assist adults with disabilities in obtaining meaningful employment. In partnership with the Missouri Division of Vocational Rehabilitation and the Jefferson County Developmental Disabilities Resource Board, AVS provides a wide range of services.

ALATEEN

2683 South Big Bend, Room #17
Maplewood, MO 63143
314.645.1572 1.800.425.2666
Website: www.al-anon.alateen.org
Missouri: www.missouri-al-anon.org
Services: Group support for youth affected by another's drinking.

ALTERNATIVE SCHOOL PROGRAMS

(Contact your local school district to confirm availability of alternative programs.)

A.L.I.V.E. (Alternatives to Living in Violent Environments) Franklin County

P.O. Box 223
Union, MO 63084
(636)583-9863 Fax: (636)583-6648
Franklin Co. Hotline: 636.583.5700
Hotline: 1.800.941.9144
www.alivestl.org
email: alivefc@sbcglobal.net

Services: If youth has witnessed domestic violence in the home, guidance and counseling services are available. ALIVE works to eradicate family violence by providing short term emergency sanctuary, support services and community education. ALIVE models the philosophy of empowerment.

American Diabetes Association

Phone: 314.822.5490 Fax: 314.822.5479

National Call Center: 1.800.342.2383

Website: www.diabetes.org

Services: Information, free e-newsletter, education and summer camps for youth with diabetes, youth groups with ongoing activities throughout the year, great links!

American Red Cross (Jefferson County)

3880 Jeffco Blvd.

Arnold, MO 63010

636.464.9150 Fax: 636.464.7901

www.redcrossstl.org

Services: 24 hour Disaster Relief, Disaster Preparedness and Training, CPR and First Aid Training. Volunteer opportunities for anyone ages 17 and up.

Annie's Hope (Bereavement Center for Kids)

1333 W. Lockwood Ave, Suite 104

St. Louis, MO 63122

314.965.5015 Fax: 314.981.1438

www.annieshope.org

Services: Provide comprehensive support services to children, teens, and their families who are grieving the death of someone significant. Volunteer opportunities for older youth, summer camp and teen retreat.

Apprenticeship Program

St. Louis Carpenters Joint Apprenticeship Program (CJAP)

Nelson-Mulligan Carpenters' Training Center

8300 Valcour

St. Louis, MO 63123

314.457.8300 www.cjtf.org

Services: Must be at least 18 years old to participate. Opportunity to learn occupational skill while earning training-related wages.

Arnold Food Pantry & Thrift Shop

23 Village Plaza, Arnold, MO 63010

636-467-5959

<http://arnoldfoodpantry.com/thriftshop.aspx>

Thrift Shop Hours – Monday-Friday 8 am – 3 pm, Saturday 8 am – 12 pm

Arnold Walk-In Closet

1712 Missouri State Road, Arnold, MO 63010

636-287-3173

<http://www.arnoldcloset.com/>

Monday-Thursday 10 am – 7 pm, Friday 10 am – 6 pm, Saturday 10 am – 5 pm

Sunday 12 pm – 5 pm

Asthma and Allergy Foundation of America

St. Louis Chapter

1500 South Big Bend, Suite 1S

St. Louis, MO 63117

314.645.2422 Fax: 314.645.2022

website: <http://www.aafastl.org>

Services: Information and referral. Help effectively manage asthma through the provision of medical resources, equipment and education.

Behavioral Health Response

12647 Olive Blvd. Suite 200

Creve Coeur, MO 63141

314.469.6644 Fax: 314.469.0412

www.bhrstl.org

HOTLINE: 1-800-811-4760 (24 hours a day/7 days a week)

Services: Free crisis intervention service. Talk to a counselor anytime of the day or night. "We care, We listen, We Respond...24 Hours a Day". Assistance with accessing appropriate mental health care services.

Big Brothers Big Sisters of Eastern Missouri (Jefferson County)

501 N. Grand Blvd, Suite 100

St. Louis, Missouri 63108

314.361.5900 Fax:314.361.4484

www.bbbsemo.org

Services: Youth must be between ages of 5-17 at time of admission into program. Links volunteers in friendship/mentoring assignments on a one-to-one basis with children from single parent families. The **Amachi Program** connects children with an incarcerated parent with Big Brothers/Big Sisters. **Volunteer mentors are always needed!**

Birthright, Inc. (Jefferson County)

10279 Highway 21, Lower Level
P.O. Box 35
Hillsboro, MO 63050
Hours: 10:30 a.m. to 3:30 p.m.; Tuesday and Friday
636.789.3518 1.800.300.3518

Services: Information and referral services. Free pregnancy testing, counseling and assistance. Free maternity and infant/toddler clothing as available. Financial aid when available.

Boy Scouts of America, Greater St. Louis Council

4568 West Pine
St. Louis, MO 63108
314.454.1652 Fax: 314-454-0656
www.stlbsa.org

Services: Youth leadership, character building, and physical fitness. Youth 11-14 are eligible for Boy Scouts. Youth 14-21 may participate in Explorers and Venturers.

The Caring Corner

P.O. Box 365
660 North Creek Drive
Festus, MO 63028
636.937.7727 Fax: 636.931.7553
www.thecaringcorner.com

Services: Professional counseling services, anger management groups, teen sober support group, etc.

Catholic Charities-Jefferson County

Mailing: P.O. Box 668, Festus, MO 63028
Location: 110 Brierton Lane, Crystal City, MO 63019
636.931.5859 Fax: 636.933.5148
www.ccstl.org

Services: Counseling, information and referral, some community health services, assistance for underserved population.

Catholic Family Services-Franklin County
Family Wellness Program

102 Springfield, Union, MO 63084
1.800.583.8355 Fax: 636.583.0836
www.cfsstl.org

Services: Counseling, information and referral services, community health services, etc.

CenterPointe Hospital

4801 Weldon Springs Parkway
St. Charles, MO 63304 636.923.4051
1.888.459.5217 www.centerpointehospital.com

Services: Behavioral health care services for children, adolescents, and adults.

Child Abuse/Neglect Hotline

1.800.392.3738 (Text telephone: 1.800.669.8689)

Services: 24 Hour confidential telephone service to report all suspected cases of abuse, neglect, or exploitation of children ages 0-18.

CHILD LABOR LAWS

Missouri Department of Labor and Industrial Relations
P.O. Box 449, Jefferson City, MO 65102-0449
573.751.3403 Fax: 573.751.3721
www.dolir.mo.gov

Children's Services Division – 24 hour Abuse Hotline – 1.800.392.3738

Franklin County:

#1 Liberty Plaza, P.O. Box 930, Union, MO 63084
Phone: 636.584.6300 Fax: 636.583.2916

Jefferson County:

10325 Highway 21, P.O. Box 1088, Hillsboro, MO 63050
Phone: 636.797.9601 Fax: 636.797.9781

Chafee Foster Care Independence Program

Assists youth in preparing for transition from adolescence to adulthood. Youth must be a foster child or former foster child. Contact Area 2C, 1500 Vandiver Drive, Suite 102, Columbia, MO 65202 573.844.4197 for additional information.

COMTREA (Jefferson County) Community Treatment, Inc.
Adolescent & Children's Services Division
<http://comtrea.org>

21 Municipal Drive, Arnold, MO 63010 (North Jefferson County Office)
636.296.6206

227 Main Street, Festus, MO 63028
636.931.2700

Services: The COMTREA Department of Youth Services provides prevention, education, training, and early intervention services to over 8,000 persons a year.

Covenant House

2727 N. Kingshighway, St. Louis, MO 63113
314.772.6530 www.covenanthouse.mo.org

Covenant House Missouri provides shelter and supportive services to homeless, runaway and at-risk youth with absolute respect and unconditional love. Opening doors for homeless youth.

Crider Health Center (Franklin County)

1780 Old Hwy 50 East, Union, MO 63084
636.582.8100 Fax: 636-583-2885
www.cridercenter.org

Services: Helping children and youth challenged by serious emotional or behavioral problems to stay in school, at home, and out of trouble. Community support services, school based services, and home based services provided. Clinical case management, psychiatric evaluation and treatment, and medication management provided. Dental services and pediatric primary health care services are available.

Crossroads Program

626 Cepi Drive
Chesterfield, MO 63005
Phone: (636)532-9991 Fax: (636)532-6609

3605 S. Providence Road, Suite 6
Columbia, MO 65203
Phone: (573)256-8020 Fax: (573)256-8022

www.thecrossroadsprogram.com

Services: Sobriety program for youth dealing with alcohol and drug addiction. Fee based intensive outpatient program and an 18-24 month support group. Enthusiastic approach incorporating 12-step issue based group process. Does not provide in-patient treatment.

D.A.R.E. (Drug Abuse Resistance Education)
Franklin County Sheriff's Department

Services: Youth education and community drug awareness programs.

1 Bruns Drive, Union, MO 63084
636.583.2560
www.franklinmo.org/Sheriff

Jefferson County Sheriff's Department

P.O. Box 100, Hillsboro, MO 63050
636.797.5000 Fax: 636.797.5049
www.jcsd.org

Deaf Services (Bureau of) Eastern Region
St Louis State Hospital

5400 Arsenal Street
St Louis, MO 63139
314. 644.8057 (Voice); 314.644.7817 (TTY)
314. 6447822 (FAX)
Services: Resource and referral.

Deaf Inter-Link

314.837.7757 1.800.330.7062 TTY 314.837.7470

www.deafinterlink.com

Services: Comprehensive emergency interpreting services for the deaf.

Deaf Way Interpreting Services

5240 Oakland Ave.
St. Louis, MO 63110
314.289.4294 Toll free 866.999.3929
314.289.4295 www.deafway.net

Services: Full service agency specializing in interpreting services for deaf community.

Dental Services

Contact the local *Family Support Division Office* for a list of Medicaid dental providers. The following resources are available through agency referral only.

Crider Health Center Dental Services

1032 Crosswinds Court, Wentzville, MO 63385
636.332.6000
www.cridercenter.org

Jefferson County Give Kids a Smile Program

Services: Free dental screenings and dental work provided during event. Event is coordinated through the Jefferson County Community Partnership. Contact 636.464.5144 for additional information.
www.jccp.org

Developmental Services of Franklin County

104 South McKinley, Suite E
Union, MO 63084
Phone: 636.583.5801
Fax: 636.583.5597
www.macdds.org/Counties/franklin/html

Provides residential services, service coordination, early intervention and individual support to those with developmental disabilities.

Disability Resource Association

420 B South Truman Blvd.
Crystal City, MO 63019
Phone: 636.931.7696
Fax: 636.931.4863 TTY 636.937.9016
Web: www.disabilityresourceassociation.org

Services provided: Education advocacy for disabled children, equipment loan program, parent training on the IEP process. DRA is a Center for Independent Living that serves disabled of all ages in Jefferson County.

Division of Workforce Development (Missouri Career Center) Franklin County

1108 Washington Square, Washington, MO 63090-5304
636.239.6703 Fax: 636.239.0329

Division of Workforce Development (Missouri Career Center) Jefferson County

3675 W. Outer Road, Suite 102, Arnold, MO 63010-5231
636.287.8909 Toll Free: 1.800.292.1314 Fax: 636.287.8932
TDD (for Hearing Impaired consumers) 636.287.9463

Services at both locations: Workforce Investment Act Youth Program. Must meet eligibility guidelines. Program provides youth with opportunity to develop good work habits and learn basic job skills through subsidized work experience at not-for-profit agencies as funding is available. Other services may include mentoring, guidance and employment counseling, pre-employment skills, etc. Financial assistance may be provided to assist with tuition and book costs at approved vocational training vendors. **Free Job Readiness** workshops for adults and youth (no eligibility requirements) are provided each month covering resume preparation, networking, job market information, creating a comprehensive career portfolio, etc. Free access to Resource Center including computers, fax machine, copier, and phone for job search. Career Planning and WorkKeys assessments available. On-site evening G.E.D. classes--registration required through East Central College or Jefferson College.

Driver's License Testing (Written and Road)

www.mshp.dps.missouri.gov

Franklin County

St. Clair City Hall, #1 Paul Parks Drive, St. Clair, MO 63077
636.221.5269

Schedule: 1st, 3rd; 5th Tuesday (8:00 am-4:30 pm Written) (8:45-4:00 Driving)
Motorcycle Skills Available

Sullivan Skating Rink, 301 Bill Thurman Memorial Drive, Sullivan, MO 63080
573.468.3885

Schedule: 2nd & 4th Tuesday (9:00 a.m. to 4:00 p.m.)
Motorcycle Skills Available

Washington City Hall, 405 Jefferson Street, Washington, MO 63090
636.390.1072

Schedule: Friday (8:00 a.m.-4:30 p.m.)
Motorcycle Skills Available

Jefferson County

301 Main St., Pevely, MO 63070
636-475-9344

Schedule: Monday-Friday (8:00 a.m.-5:00 p.m.)
Motorcycle Skills available

East Central College (Franklin County)

1964 Prairie Dell Road, Union, MO 63084
636.584.6500 Fax: 636.583.1897 TTD 636.583.4851
636.583.5193+extension number
web site: www.eastcentral.edu
Campuses include: Union, Sullivan, and Rolla

Services: Associate's of Arts and Applied Science Degrees and Certificate programs.
Adult Education/G.E.D. preparation, English as a Second Language, and Continuing
Education programs offered. Financial aid is accepted.

East Central Missouri Area Health Education Center (ECMO AHEC)

3033 N. Euclid Ave. ECHO Campus, Bldg. #3 St. Louis, MO 63115
Mailing: P.O. Box 5105 St. Louis, MO 63115
314.977.8480 Fax 314.977.5268
Email: ecmomail@ecmoahec.org
www.mahec.org

Services: The mission of MAHEC is to enhance access to quality health care,
particularly primary and preventative care, by growing and supporting Missouri's health
care workforce. PRIMO/ACES program is a comprehensive career planning and
assistance program for students interested in family or internal medicine, pediatrics,
general dentistry, dental hygiene, and nursing. Deadline for application: Mid-October
ECMO Scholars program designed for students interested in a career in medicine,
nursing, dentistry, physical therapy, occupational therapy, social work or becoming a
physician assistant. Open enrollment based on capacity.

Family Planning Clinic of Franklin County, Inc.

920-L St. Clair Plaza Drive, St. Clair, MO 63077

636.629.0300 Fax: 636.629.0300

Services: Well Woman Exam and birth control for all females of child bearing age.
Confidential Service.

Family Support Division

Franklin County: #1 Liberty Plaza, Union, MO 63084

636.584.6300 Fax: 636.583.8670

Jefferson County-Hillsboro: 10325 Highway 21, Hillsboro, MO 63050

636.797.9601 Fax: 636.797.9780

Jefferson County-Arnold: Cross Creek Center, 3675 West Outer Road, Suite 103,
Arnold, MO 63010 636.287.1364 Fax: 636.287.1278

www.dss.mo.gov/fsd/index.htm

Services (Franklin & Jefferson Counties): Food stamp eligibility, Temporary Assistance program, Medicaid/MC+, and Child Care assistance and child support.

Federal Trade Commission

Web: www.ftc.gov

Services: Provides information for consumers on variety of topics including credit

Federally Qualified Health Centers

Family Care Health Centers:

401 Holly Hills Avenue

St. Louis, MO 63111

Phone: 314.353.5190

Fax: 314.353.7631

Web: www.familycarehealthcenter.org

Services: Provides affordable and accessible comprehensive primary health care services to anyone with emphasis on medically underserved, and promotes the general health of the service area. Service area includes Franklin and Jefferson Counties.

DeSoto Community Health Center

123 West Pratt, DeSoto, MO 63020

636.586.2522

Services: Family medical services provided included pediatric care.

FOOD PANTRIES

Note that most food pantries serve specific areas. Please contact the pantry for your geographic location only. Individuals requesting help should have a current ID, proof of income, and proof of Social Security number for each household member.

FRANKLIN COUNTY

Agape Christian Care Center
1095 N Service, St. Clair, MO 63077
636.629.0053

Agape Help House, 120 LaMar Parkway, Pacific, MO 63069
636.271.5315
www.agapehelphouse.com

Loving Hearts Outreach, 1902 W. Main, Washington, MO 63090
(636)390-8300 www.lovinghearts.squarespace.com
Services include: Food Pantry, Thrift Store, Rental, Utility, and Medication Assistance

Meramec Community Mission, 200 W. Main, Sullivan, MO 63080
573.468.5813 www.sullivanmo.com/mcm/
Services: Food Pantry on Wednesdays, 12:30 p.m. sign-in; Thrift Store
Serving Sullivan and Sullivan School District

Union Food Pantry, 115 W. Locust Street, Union, MO 63084 636.584.7050
Serves Union School District residents only

JEFFERSON COUNTY

Arnold: Arnold Food Pantry, 25 Village Plaza, Arnold, MO 63010
Serves Arnold area only Phone: 636.467.5959
www.arnoldfoodpantry.com

Salvation Army Food Pantry, 3740 Telegraph Road, Arnold, MO 63010
Assists all of Jefferson County 636.464.5959

Cedar Hill: The Peace Pantry, 6672 Veterans Drive, Cedar Hill, MO 63016
Serves: Cedar Hill, Dittmer, Grubville, Morse Mill, Catawissa, House Springs, and Robertsville. Phone 636.285.0934
Tuesday & Wednesday 6:30 pm – 7:30 pm, Thursday 9 am – 12 pm

DeSoto: DeSoto Food Pantry, 705 East Stone, DeSoto, MO 63020 Leave message on answering machine and a volunteer will call you back 636.586.7300. **Serves DeSoto**

School District only.

Fenton: Feed My People, 3295 Ottomeyer Rd., High Ridge, MO 63049
Phone: 636.677.9885. **Serves: Northern part of Jefferson County 63052, 63025, 63026, and 63049.** Thrift store on site--Tuesday through Friday, 10:00 a.m. to 2:30 p.m. and Saturday 9:00 a.m. to 1:00 noon. www.feed-my-people.org

Festus/Crystal City: Ozark Food Pantry, 100 Park Avenue, Festus, MO 63028
636.933.9974 **Serves: Festus, Crystal City, Horine, Hematite, Herculaneum, and Pevely.**

Hillsboro: Hillsboro Food Pantry, 10399 Business 21, Hillsboro, MO 63050 (Located in Hillsboro Civic Club Building at horse show grounds). **Serves: Hillsboro School Districts and residents with 63050 zip code.** Phone 636.789.5920

House Springs: Valley Middle School/Caring Community Closet
4300 Gravois Road, House Springs, MO 63051
Monday – Friday 7:30 am – 2 pm Free clothing and toiletry bags
314-650-6883

Pevely, Herculaneum, and Horine: Jefferson County Rescue Mission, 8943 Commercial Blvd., Pevely, MO 63070. Phone (636)475-3030. Emergency Food assistance.
Serves: All of Jefferson County.
www.orgsites.com/mo/jeffersoncountyrescuemission

Four Rivers Career Center

www.washington.k12.mo.us/schools/frcc.index.htm
1978 Image Drive, Washington, MO 63090 Phone: 636.239.7777
More than 16 high demand technical programs are offered in a state of the art facility. Clubs and activities to develop leadership skills including FFA, DECA, HOSA, and Skills USA.

Franklin County Department of Health

15 South Oak Street, Union, MO 63084
636.583.7300 Fax: 636.583.7305
www.franklinmo.org
Services: Vital records, WIC, immunizations, environmental health, TB testing/consultation, STD testing and treatment, flu shots, pregnancy testing, etc. All medical and WIC services by APPOINTMENT only. Nominal fees charged for some services and due at time services are provided.

Gateway Youth Suicide Prevention Resources Partnership

314.963.7571

Services: Partnership strives to improve availability of suicide prevention and education services. Hotlines: KUTO, 314.963.7571; BHR, 314.469.4908; Life Crisis Services, 314.647.3100

G.E.D. Programs/English as a Second Language (Adult Education/Literacy Programs):

Franklin County: Contact East Central College, **636.584.6100**, for registration information. MUST be at least 16 years of age and NOT enrolled in school.

Adult Education/G.E.D. Sites in Franklin County:

East Central College, Union	Southwest Area Center, Sullivan
Missouri Career Center, Washington	Pacific
Owensville	St. Clair

English as a Second Language: Contact East Central College for class availability at 636.584.6100

Jefferson County Adult Education/G.E.D. sites:

Jefferson College, Hillsboro	Jefferson College, Arnold
636.797.3000 or 636.942.3000, ext. 437	636.797.3000, ext. 591

Jefferson College, Northwest
636.942.3000, ext. 534

Missouri Career Center, Arnold
Call 636.797.3000, ext. 437 for registration

ON-LINE G.E.D.: Free Internet instruction is available to those with Internet access. The student must sign up with a local Adult Education and Literacy Program (AEL) for assessment and a basic skills prescription. Student must check in with the local AEL program periodically and take the GED pre-test prior to being approved to take the GED test. For additional information, go to <http://www.gedonlineclass.com>

GED Connection Activities: [LiteracyLink](http://litlink.ket.org) accessible through <http://litlink.ket.org>. Provides free skill building lessons for GED preparation. Workplace Essential Skills are also available.

(G.E.D. and credit recovery option programs are now being offered at many high schools as part of Alternative Education. Please refer to the Public School Listing in this directory for additional information on individual

districts.)

Girl Scout Council of Eastern Missouri

2300 Ball Dr., St. Louis, MO 63146

314.592.2300 or 800.727.4475

www.girlscoutsem.org

Provides training to help girls & young women develop leadership, values, and life skills.

God's Green Acre Association

6588 Hwy. Y Hillsboro, Missouri 63050 www.ggaa.org

Nonprofit agency providing equestrian riding/education program for girls ages 12 ½ to 18. In addition to learning about and caring for horses, girls develop responsibility, independence, leadership, and teamwork skills.

Monthly membership fee Email: info@ggaa.org

Habitat for Humanity

Habitat for Humanity is a non-profit Christian organization dedicated to eliminating substandard housing and homelessness. The goal of Habitat for Humanity is to provide simple decent housing for individuals and families. The new homeowner will help build own home. Habitat will sell the home to the family on a no-profit, no-interest basis.

Excellent volunteer opportunities for older youth and youth groups.

Franklin County Office: P.O. Box 178, Union, MO 63084

636.583.1020

email: info@franklincountyhabitat.com

www.franklincountyhabitat.com

Jefferson County Office: P.O. Box 184, Crystal City, MO 63019

636.933.3606 www.jeffcofh.org

Healthcare USA: MC+ Managed Health Care Plan

10 S. Broadway, Suite 1200

St. Louis, MO 63102

Phone: 314.444.7270 Fax: 314.444.7992

www.hcusa.org

Services: In addition to state-mandated benefits, offers additional benefits such as *membership in 4-H, Boy Scouts and Girl Scouts, Boys and Girls Clubs, Girl, Inc., and other exciting memberships!* For more information, call Member Services at 1.800.566.6444

Heaven's Closet

304 Locust, Hillsboro, MO 63050 636-789-4460
Tuesday – Friday 10 am – 3 pm and first & third Saturday 9 am – 12 pm
Offers free clothing.

Hyland Behavioral Health-St. Anthony's Medical Center

10010 Kennerly Road, St. Louis, MO 63128
Phone: 314.268.4669 or 800.554.9550
www.stanthonysmedcenter.com

Services: Comprehensive medical and mental health services available. Inpatient and outpatient treatment services offered.

Jefferson College-Hillsboro Campus

1000 Viking Drive, Hillsboro, MO 63050
Phone: 636.797.3000 Fax: 636.789.4012
website: www.jeffco.edu

Arnold Campus:

1687 Missouri State Road, Arnold, MO 63010
636.942.3000, ext. 597

High Ridge (Northwest) Campus:

6471 Cedar Hill Road
Cedar Hill, MO 63016
Phone: (636)942-3000

Associate's of Arts, Applied Science Degrees and Certificate programs available. Adult Education/Literacy (AEL) services (see GED Programs for additional information), work experience opportunities on campus through various programs, and occupational skills training through Area Technical and Career Technical Services Departments. Job placement services for students. Financial aid is accepted. Bachelor's programs offered through Missouri Baptist University and University of Missouri-St. Louis.

Project Success: A Student Support program funded by the U.S. Department of Education. Assists students to adjust to college life and acquire the academic and coping skills necessary to succeed. Designed for students who are first-generation college students, low income, or have a documented disability. Contact: Project Success at 636.797.3000, ext.281.

Jefferson County Community Partnership

1671 Marriott Lane, Barnhart, MO 63012
Phone: (636)464-5144 Fax: (636)464-2764
Website: www.jccp.org

Services: Community teams are established throughout the county with regard to health, safety, education, and youth. *The Parenting Network* provides low-income, stay-at-home parents with the knowledge and support that they need to successfully prepare their children for entering school. Other initiatives include the Safe Cribs Project, Educare—day care provider services, dental coalition, etc. *Volunteer Opportunities!*

Jefferson County Developmental Disabilities Resource Board

www.macdds.org/counties/jefferson.html

636.282.4400 Fax: 636.931.3497

P.O. Box 97, Mapaville, MO 63065

Services: Coordination of services, resource and referral, education, to assist individuals with developmental disabilities.

Jefferson County Health Department

Hillsboro Office www.jeffcohealth.org

405 Main Street, Hillsboro, MO 63050

Phone:636.789.3372 Fax: 636.797.4631

Office Hours: Mon – Thurs 8:00 am – 5:30 pm

Arnold Office

1818 Lonedell Road, Arnold, MO 63010

Phone: 636.282.1010 Fax: 636.282.2525

Office Hours: Mon – Thurs 8:00 am – 5:30 pm

Services: Family Planning clinic, pregnancy testing, STD clinic, smoking cessation classes, nutrition education and counseling, immunizations, voter registration, environmental services, and vital records available. Contact offices for other outreach programs.

Jefferson County Juvenile Office

P.O. Box 100, Hillsboro, MO 63050

Phone: 636.797.5350 Fax: 636.797.5090

Contact: Kathy Pigg, Support Services Coordinator

Services: Volunteer/Mentor program, JAMMER Program, Student Tutor Program, Student Mentor Program, In-Home Detention Tracker Program, Intensive Probation Tracker Program, Violence Prevention Tracker Program, Juvenile Drug Court Tracker

Program. *Excellent Volunteer Opportunities for youth and adults!*
Jefferson/Franklin Community Action Corporation
www.jfcac.org

All mail should be sent to P.O. Box 920, Hillsboro, MO 63050, not the physical addresses listed below.

Franklin County: 1020 Plaza Ct. Suite C, St. Clair, MO 63077 636.629.6193

Jefferson County: #2 Merchant Street, Hillsboro, MO 63050

Phone: 636.789.2686 or 636.797.2688

Call for operation hours.

Services: Intake/assessment and referral services. WIC Supplemental Food Program, Housing, Energy Assistance, and Head Start Programs.

Jefferson Regional Medical Center

1400 Hwy 61 South, Festus, MO 63028

Phone: 636.933.1000 Switchboard

Patient's Room: 636.933.1(room#)

Emergency Room: 636.933-1111

www.jeffersonmemorial.org

Services: Acute care facility, 24 hour emergency room, laboratory, cardiovascular, medical imaging, open heart surgery, physical rehabilitation, respiratory therapy, skilled nursing facility, renal dialysis, ambulatory surgery unit, psychiatric services, home health, and hospice. Cancer treatment center. Support groups and community interest programs. Member of Cardinal Glennon Regional Poison Center Network. *Volunteer opportunities for youth. Contact Volunteer Coordinator for details.*

JOIN-N

This is a community information network for Jefferson County.

Provides numerous links to resources and areas of interest, including Just for Kids site.

www.jeffersoncountyonline.org

Job Corps

1.800.733.5627 <http://jobcorps.dol.gov/centers/mo.htm>

Or Dynamic Educational Systems, Inc.

4193 Crescent Drive, Suite A

St. Louis, MO 63129

314.487.4377 Fax: 314.487.1179 www.exodyne.com

Services: Job Corps is a no-cost education and vocational training program administered by the U.S. Department of Labor that helps young people ages 16 through 24 obtain career training, enter employment, and take control of their lives. Training

sites are located in Missouri and throughout the United States.

Kids Under Twenty-One (KUTO)

2718 South Brentwood, St. Louis, MO 63144

Phone: 314.963.7571 Fax: 314.963.7574

Crisis Helpline: 314.644.5886 (*Anonymous, confidential, crisis intervention*)

<http://www.KUTO.org>

Services Offered: Youth empowerment, teen crisis intervention, and suicide prevention.
Volunteer opportunities!

Legal Advocate for Abused Women (L.A.A.W.)

P.O. Box 15137, St. Louis, MO 63110

Crisis Lines: 314.664.6699 or 1.800.427.1460

<http://www.laawstl.org/about/about/html>

Services Offered: Crisis intervention and client support, information about Missouri's Adult Abuse Law, referrals to other relevant legal and social service providers, and free legal representation for low-income individuals pursuing orders of protection.

Legal Services of Eastern Missouri

4232 Forest Park Ave., St. Louis, MO 63108

314.534.4200 1.800.444.0514 Fax: 314.534.1075

www.lsem.org email: info@lsem.org

Union Outreach Office

20 South Church St., Suite C, Union, MO 63084

866.583.7877, 636.583.7877 Fax: 636.583.7790

Free educational advocacy to indigent youth and their families. Legal Services may also assist with consumer contracts, family law matters, housing, immigration, Medicaid/MC+/Medicare, TANF/Food Stamp benefit issues. Legal Services **cannot** help with criminal cases.

Libraries

Franklin County:

New Haven Library

901 Maupin, New Haven, MO 63068

573.237.2189 www.cityofnewhaven.com

Pacific Library

119 West St. Louis Street, Pacific, MO 63069
636.257.2712

Scenic Regional Library-Union

308 Hawthorne Drive, Union, MO 63084
636.583.3224 www.scenicregional.org

St. Clair Branch of Scenic Regional Library

570 South Main Street, St. Clair, MO 63077
636.629.2546 www.librarytechnology.org

Sullivan Public Library

104 West Vine, Sullivan, MO 63080
573.468.4372 Fax: 573.860.4648
<http://www.youseemore.com/sullivanpl/default.asp>

Washington Public Library

415 Jefferson Street, Washington, MO 63090
636.390.1070 www.ci.washington.mo.us

Jefferson County:

Jefferson County Libraries

www.jeffersoncountylibrary.org

Arnold Branch

1701 Missouri State Road
Arnold, MO 63010
636.296.2204 Fax: 636.296.5975

Northwest Branch

5680 State Road PP
High Ridge, MO 63049
636.677.8186 Fax: 636.677.8243

Windsor Branch

7479 Metropolitan Blvd.
Barnhart, MO 63012
636.461.1914 Fax: 636.461.1915

Crystal City Library

736 Mississippi Avenue, Crystal City, MO 63019
636.937.7166 Fax: 636.937.3193
www.cclib63019@yahoo.com

DeSoto Library

712 South Main, DeSoto, MO 63020
636.586.3858 Fax: 636.586.1707
<http://www.jeffersoncountyonline.org/libraries.desoto/desotolibrary.htm>

Festus Library

222 North Mill Street, Festus, MO 63028
636.937.2017 Fax: 636.937.3439
<http://www.jeffersoncountyonline.org/libraries.festus/festuslibrary.htm>

Jefferson College Library

1000 Viking Drive, Hillsboro, MO 63050
636.797.3000 or 636.942.3000 ext. 166 or 167
www.jeffco.edu/library

LOUIE-Magazine and website for St. Louis area teens

Great resource and interesting articles. Job/volunteer opportunities for teens interested in working in journalism.

McAuley Clinic (Franklin County)

851 East Fifth Street, Suite 200, Washington, MO 63090
Women's Health: 636.239.8656 Pediatric Clinic: 636.239.8585
Health services for uninsured and under-insured.

MERS-Goodwill

1600 West Main, Suite A, Washington, MO 63090
636.239.2225 Toll Free: 888.846.5957 Fax: 636.239.7137
www.mersgoodwill.org

Services: Provides employment services including youth employment, sheltered

employment, and vocational rehabilitation.

Missouri Department of Conservation

www.mdc.mo.gov

Services: Youth education programs, internship, volunteer, and employment opportunities. Free monthly magazine to Missouri residents.

Missouri Department of Higher Education

205 Jefferson St. 11th floor, P.O. Box 1469, Jefferson City, MO 65102-1469

Information Center: 1.800.473.6757 573.751.2361 Fax: 573.751.6635

www.dhe.mo.gov

Services: Website contains many resources to assist with educational planning, including financial preparation.

NAMI-St. Louis (National Alliance on Mental Illness)

134 West Madison Avenue St. Louis, MO 63122

HELP line: 314.966.4670 Fax: 314.966.4672

www.namistl.org or www.nami.org

Services: Telephone information, referral, and support, groups facilitated by family members meet throughout the area, general education meetings, Family Skills Workshops, Family-to-Family Education, Newsletters, Lending Library. All services are free and designed to reach families who need help in learning how to deal effectively with mental illness.

National Runaway Switchboard

www.1800runaway.org

Home Free Program 1.800.786.2929 (Anonymous and Confidential)

Collaborative program with Greyhound bus lines assists youth 12-20 who are ready to return home after running away. Provides follow-up to ensure youth arrives home safely and resources for continued success. Excellent website with educational resources.

Nurses for Newborns Foundation

7259 Lansdowne, Suite 100 St. Louis, MO 63119

314. 544.3433 Toll-Free: 1.800.452.4784 Fax:314.544.3427

Web site: www.nursesfornewborns.org

Volunteer Opportunities!

Programs: **Bright Futures** - Medical Services for pregnant women and infants. Pre-term birth prevention program. Fee for services or reimbursed by insurance.

Safe Beginnings: Mother/baby in-home nursing services for mentally or physically challenged mothers. No cost.

Teen Parent: For pregnant teens under age 19 or teens who have just delivered. No cost to client.

Bridge to the Future: In home services for medically fragile infants, premature/drug exposed or disabled infants. No cost to the client.

Parental Stress Help Line

1.800.367.2543

Services: Support for parents who feel overwhelmed with parental responsibilities.

Partnership for Prescription Assistance Program

1.888.477.2669

www.pparxmo.org

Services: Designed to help low-income, uninsured Missouri residents obtain free or discounted brand-name medicines.

Plato's Closet

1253 S. Kirkwood Rd. (Hwy 44 & Lindgergh)

314-821-7744

Monday – Friday 10 am – 8 pm, Saturday 10 am – 6 pm, Sunday 12 pm – 5 pm

Pregnancy Assistance Center (Franklin County)

310 International Avenue, Washington, MO 63090

636.239.1840

Services: Offers pregnancy testing, counseling, and direction on prenatal care, labor and delivery, postpartum care and baby care. Some financial aid available. Provides classes on childbirth, breast feeding and parenting. No fees.

Project ARK (AIDS Resources for Kids) 314.535.7275

www.projectark.wustl

Provident Life Crisis Services

24-hour crisis intervention and suicide prevention hotline:

314.647.4357 or 1-800-273-8255

Website: www.providentstl.org

Information and first appointment: 314.533.8200 or 1.800.782.1008

Volunteer opportunities may be available.

Public School Districts (The administrative office contact information is provided for each district. Additional information may be obtained by visiting the school's website.)

Franklin County:

Meramec Valley R-III School District

<http://www.mvr3.k12.mo.us>

126 North Payne, Pacific, MO 63069

636.271.1400 Fax: 636.271.1406

New Haven

100 Park Drive, New Haven, MO 63068

573.237.3231 Fax: 573.237.5959

<http://newhaven.mo.schoolwebpages.com>

St. Clair School District

905 Bardot, St. Clair, MO 63077

636.629.3500 Fax: 636.629.4466

<http://stclair.fesdev.org>

Sullivan School District

138 Taylor Avenue, Sullivan, MO 63080

573.468.5171 Fax: 573.468.7720

<http://www.eagles.k12.mo.us>

Union R-XI School District

770 Independence Drive, P.O. Box 440, Union, MO 63084

636.583.8626 Fax: 636.583.2403

<http://union.k12.mo.us>

Washington School District

220 Locust Street, Washington, MO 63090

636.239.2727 Fax: 636.239.3315

<http://www.washington.k12.mo.us>

Jefferson County:

Crystal City School District

1100 Mississippi Avenue, Crystal City, MO 63019
Phone:636.937.4411 Fax: 636.937.2512
www.crystal.k12.mo.us

DeSoto School District

610 Vineland School Road, DeSoto, MO 63020
636.586.1000 Fax: 636.586.1009
www.desoto.k12.mo.us

Dunklin R-V School District

497 Joachim Avenue, Herculaneum, MO 63048
636.479.5200 Fax: 636.479.6208
<http://dunklin.k12.mo.us>

Festus R-VI School District

1515 Mid-Meadow Lane, Festus, MO 63028
636.937.4920 Fax: 636.937.8525
www.festus.k12.mo.us

Fox School District

745 Jeffco Blvd., Arnold, MO 63010
636.296.8000 Fax: 636.282.5170
www.fox.k12.mo.us

GRANDVIEW RII School District

11470 Highway C, Hillsboro, MO 63050
636.944.3941 Fax: 636.944.5239
www.grandviewr2.com

Hillsboro RIII School District

20 Hawk Drive, Hillsboro, MO 63050
636.789.0060 Fax: 636.789.3216
www.hillsboro.k12.mo.us

Jefferson Co. R-VII (K-8)

1250 Dooling Hollow Road, Festus, MO 63028
636.937.7940 Fax: 636.937.9189
www.jr7.k12.mo.us

NORTHWEST R-I School District

2843 Community Lane, High Ridge, MO 63049
636.677.3473 Fax: 636.677.5480
<http://www.nwr1.k12.mo.us>

Sunrise School (K-8)

4485 Sunrise School Road, DeSoto, MO 63020
636.586.6660 Fax: 636.586.3192
www.sunrise-r9.com

Windsor School District

6208 Highway 61-67, Imperial, MO 63052
636.464.4400 Fax: 636.464.4454
www.windsor.k12.mo.us

Recovery, Inc.

<http://www.recovery-inc.org>

Services Offered: Self-help mental health support program for individuals 18 or older. Weekly meetings/classes. No fees charged. Addresses symptoms individuals may face while facing stressful situations, including test anxiety.

Rehabilitation Services for the Blind

2 Campbell Plaza, Suite 300, St. Louis, MO 63139
314.877.0151 **Phone: 1.800.592.6004 for information and referral statewide.**
<http://www.dss.mo.gov/fsd/rsb>

Services Offered: Assists individuals who are legally blind or who have progressive eye disease. Counseling/guidance, vocational training, job placement, home-making skills, etc. Job placement for the blind is the main objective of this agency. Offers **Transition Services** to help high school students prepare for transition from school to either work or post-secondary education.

Selective Service

To register with the Selective Service, go to www.sss.gov
All males age 18-25 are required by law to register with the Selective Service.

SHARE NETWORK SITES:

(Through partnership with Division of Workforce Development, computers have been installed at the following sites to assist consumers with job search while accessing additional services at each location.)

Adult Vocational Services

12 Municipal Drive, Arnold, MO 63010
636.282.4477

Salvation Army of Jefferson County

3740 Telegraph Road, Arnold, MO 63010
636.464.0787 Fax: 636.464.2511

Services offered: In addition to being a SHARE Network site, emergency assistance with food, clothing, general referral service. Homeless individuals and families may be referred to the St. Louis based Family Haven or Community and Partnership Family Center as space is available.

Shriners Hospital-St. Louis

2001 S. Lindbergh Blvd.
St. Louis, MO 63131
314.432.3600 Fax: 314.432.2930
Patient Referral Line: 1.800.237.5055
http://www.shrinershq.org/Hospitals/St_Louis/

Services: Provides comprehensive orthopaedic care to children at no charge.

St. Louis Regional Center-Jefferson County Office

2330 North Truman Blvd., Crystal City, MO 63019
636.931.5720 Fax: 636.931.4918
www.dmh.missouri.gov/mrdd/mrddindex.htm

Services: Service coordination for youth with developmental disabilities. Provides referrals to community resources and person-centered planning to children and adults who have developmental disabilities. (Disability must have manifested before age 22, and must result in substantial functional limitation.)

Teen Challenge of St. Louis

P.O. Box 213, 2650 AppleTree Acres, High Ridge, MO 63049
636.677.1776 Fax: 636.677.5716 (Call before faxing documents)
<http://www.saintlouistc.org>

Services offered: Residential facility providing shelter and education to men, 18-30,

who have experienced drug/alcohol problems. There is a fee for services.

Teen Parent Support

Support groups are provided through the Parents as Teachers program at many school districts in Jefferson and Franklin Counties. Contact the specific district for details. Jefferson County Community Partnership (636.464.5144) and Nurses for Newborns (1.800.452.4784) also offer educational/support programs.

TREND (Turning Resources and Energy in New Directions)

314.962.3456 <http://www.ncada-stl.org>.

Student led organization which promotes a non-violent, alcohol and other drug free lifestyle through educational programs and positive alternatives to the typical party scene. Begun in 1987 under the leadership of *NCADA (National Council on Alcoholism and Drug Abuse)*, groups of students form local chapters, and working with schools and communities, organize drug free alternatives including social/recreational activities and community service projects. Several area school districts offer TREND programs. Many leadership development opportunities available.

Tri-County Birthright

#8 Hilltop Village, Eureka, MO 63025
636.938.4221 or 800.550.4900

Services Offered: Provides free pregnancy testing, counseling and referrals. assists with maternity clothes and baby clothes. Referrals to doctors, clinics, and adoption agencies. No fees for services.

Tutoring:

Contact individual school district for tutoring resources. Jefferson County Juvenile Office also provides tutoring through the mentoring program. Jefferson College offers peer tutoring program for enrolled students, 636.797.3000.

United Cerebral Palsy of Greater St. Louis

8645 Old Bonhomme Road, St. Louis, MO 63132
314.994.1600 Fax: 314.994.0179
www.ucpstl.org

Services: Adult and children's services, residential services, family support, newsletter, and employment services. UCP's employment programs enable individuals with disabilities to attain their fullest potential by fostering growth, personal development,

self-esteem, dignity, and choice with the support of employment specialists.

United Way of Greater St. Louis

Information and Referral: 211

www.211missouri.org

<http://www.stl.unitedway.org/>

Services offered: Information and referral services.

University of Missouri Outreach and Extension- Franklin & Jefferson Counties

Franklin County Extension Center:

116 W. Main Street, Union, MO 63084

636.583.5141 Fax: 636.583.5145

<http://extension.missouri.edu/franklin>

Services: Leadership development programs through 4-H program. Peer mediation training, youth issues information, substance use prevention, parenting skills and information, consumer issues and family life programs, agriculture/environment assistance, and business and industry development.

Jefferson County Extension Center:

301 Third Street, P.O. Box 497, Hillsboro, MO 63050

636.797.5391 Fax: 636.797.9074

<http://extension.missouri.edu/jefferson>

Youth Services Offered:

4-H Youth Programs: This program helps young people preparing to be future leaders. 4-H participants attend camps, display their work at fairs, attend meetings and events with other young people and develop team/leadership skills. 4-H motto: To make the best better. *Volunteer opportunities for teens.*

Value Village

88 Western Plaza, Fenton (old Gravois road)

636-349-9900

Last Wednesday of month offers ½ off clothing

Vocational Rehabilitation 1.877.222.8963

www.dese.mo.gov/vr

St. Louis South VR:

Deer Creek Center, 3248 Laclede Station Road, Maplewood, MO 63143

314.877.1900

Farmington VR
901 Progress Drive, Suite 100, P.O. Box 230, Farmington, MO 63640
573.218.6100 or 1.800.640.7110

Services Offered: testing, training, guidance for persons with physical, mental, or emotional disability. Works in cooperation with Adult Vocational Services in Jefferson County and MERS-Goodwill in Franklin County.

Voter Registration

Registration can be completed at Missouri Career Centers:

(Franklin County) 1108 Washington Square, Washington, MO 63090
636.239.6703

(Jefferson County) 3675 W. Outer Road, Suite 102, Arnold, MO 63010
636.287.8909

Voter registration may also be completed at the County Clerk's Office:
Franklin County: 300 E. Main, Rom 201, Union, MO 63084
Jefferson County: 729 Maple Street, Hillsboro, MO 63050

VOTER REGISTRATION IS A FREE SERVICE AND YOU SHOULD NEVER BE CHARGED TO COMPLETE A REGISTRATION.

Yellow Ribbon Suicide Prevention

1.800.SUICIDE (1.800.784.2433) or 1.800.273.8255

www.yellowribbon.org

email: ask4help@yellowribbon.org

If a person gives you a yellow ribbon card: Stay with them, listen, take them seriously, and call for help immediately.

Y.M.C.A.- Four Rivers Branch (Franklin County)

400 Grand Avenue, Washington, MO 63090

636.239.5704

<http://www.ymcastlouis.org/fourrivers/join>

Services Offered: Provides programs that promote good health, strong families and communities and youth leadership. Membership fee charged. **Volunteer opportunities are available.**

Y.M.C.A. - Jefferson County

1303 YMCA Drive, Festus, MO 63028

636.931.9622

<http://www.ymcastlouis.org/jeffersonco>

Services Offered: Membership fee charged which entitles individual to unlimited access to all on-site equipment. Youth and teen fitness program. Young Runners Club and Kids Zone. **Volunteer opportunities are available.**

Young Life-Franklin County

539 E. 5th St., P.O. Box 508, Washington, MO 63090

636.390.0211

<http://FranklinCountyMissouri.Younglife.org>

Services: Young Life is a non-denominational, Christian, non-profit organization. Variety of activities available to youth including summer camps and leadership development.

Youth In Need

Shelter Hotline (636)946-3771. *Collect calls accepted.*

529 Jefferson St., St. Charles, MO 63301

636.946.0101

Services Offered: Crisis Hotline for youth and families, emergency shelter for youth 10 to 18 years of age, long-term group home for adolescent girls in severe need, day treatment and school program. Extremely limited openings.

Volunteer Opportunities for Youth

(If your agency offers volunteer opportunities for youth but it is not listed here, please complete the Update/Corrections form in the front of the directory and return to the Youth Council Coordinator).

Annie's Hope-Bereavement Center for Kids 314.965.5015

Boy Scouts of America 1.800.392.0895

Girl Scout Council of Eastern Missouri 1.800.727.4475

Habitat for Humanity 636.583.1020 Franklin County
636.933.3606 Jefferson County

Jefferson County Juvenile Office 636.797.5350

Jefferson Regional Medical Center 636.933.1000-ask for Volunteer Coordinator

Kids Under Twenty One (KUTO) 314.963.7571 (Crisis Worker and Peer Helper Team Trainer)

NCADA-National Council on Alcoholism and Drug Abuse 314.962.3456

University of Missouri Extension-4H Programs
Franklin County 636.583.5141
Jefferson County 636.797.5391

Y.M.C.A.-Four Rivers Branch (Franklin County)
636.239.5704

Y.M.C.A. of Jefferson County
636.931.9622

EDUCATION AND CAREER PLANNING

It is never too early to start planning your career and identifying the education it will require to achieve your goal. College prep. activities should begin during the freshman year and continue through the senior year of high school.

Mapping Your Future at <http://mapping-your-future.org/> is a national, collaborative, public service project of the financial aid industry. Topics include planning a career, selecting a school, and paying for school. A link to Missouri's Department of Higher Education is provided.

Missouri A+ Program: Freshman year! Check with your school counselor to see if your school participates in the A+ program. The purpose of the program is to raise academic standards, open new doors to higher education and introduce students to the teaching profession. Students who qualify may receive free tuition to a Missouri community college or postsecondary career technical school.

Requirements for Student Eligibility:

Attend A+ School for three consecutive years prior to graduation.

Graduate with overall 2.5 grade point average on 4.0 point scale.

Maintain 95 percent attendance overall grades 9-12.

Perform 50 hours of unpaid tutoring or mentoring for younger students.

Maintain good record of good citizenship and avoid use of drugs and alcohol.

Attend a Missouri community college or postsecondary career technical school on a full time basis and maintain a grade point average (gpa) of 2.5 or higher.

Missouri Career Centers: The Missouri Career Centers offer a one-stop opportunity to explore careers, complete interest inventories, participate in workshops to develop resume writing, interviewing, and application completion skills, and to access copying and fax machines at no cost. www.MissouriCareerSource.com

Jefferson County: Division of Workforce Development, 3675 West Outer Road, Suite 102, Arnold, MO 63010 1.800.292.1314

Franklin County: Division of Workforce Development, 1108 Washington Square, Washington, MO 63090 636.239.6703

Missouri Education and Career Hotlink: Search for post-secondary training programs by school or program. <https://www.missouricareersource.com/mech/>

Occupational Outlook Handbook: www.bls.gov/OCO/

This is a nationally recognized source of career information including what workers do on the job, working conditions, training and education required, earnings, and job outlook for the future. This book is available for use at the Missouri Career Centers.

Missouri Economic Research & Information Center: www.MissouriEconomy.org
 MERIC provides statistical information on careers in Missouri. Information may be accessed for specific regions or state-wide.

The following information is provided courtesy of MERIC. Go to their website for additional information.

Examples of St. Louis Region Careers with the Best Outlook between 2002-2014

NOW: On-the-job training, work experience, and/or a high school diploma generally required

Occupational Title	Entry Wage	Average Wage	Outlook
Sales Representatives (Wholesale & Manufacturing)	\$25,740	\$51,100	A-
Construction Laborers	\$24,730	\$39,830	A-
Maintenance & Repair Workers, General	\$21,240	\$34,460	B+
Medical Assistants	\$19,200	\$23,560	B
Dental Assistants	\$20,170	\$26,210	B

NEXT: 2-4 years of education beyond high school is generally required

Occupational Title	Entry Wage	Average Wage	Outlook
Registered Nurses	\$34,770	\$45,500	A+
Electricians	\$38,900	\$57,800	A+
Carpenters	\$30,080	\$46,430	A
Dental Hygienists	\$39,750	\$53,260	A-
Biological Technicians	\$25,580	\$36,500	B+

LATER: 4 or more years of education beyond high school plus work experience is generally required

Occupational Title	Entry Wage	Average Wage	Outlook
Network & Computer Systems Administrators	\$39,700	\$55,010	A+
Health Specialties Teachers Postsecondary	\$25,500	\$51,630	A
Elementary School Teachers	\$26,040	\$40,270	A-
Pharmacists	\$51,030	\$68,990	A-
Occupational Therapists	\$37,940	\$50,170	A-

Timeline for High School Students: (Suggestions provided courtesy of US Bank, usbank.com)

Junior Year:

September-December

Review courses for the year and plan for your senior year. Be sure you select the high school courses required for college admission.

Check into dual enrollment courses. (High school courses which will count for college credit.)

Prepare a list of colleges you are considering. Research! Talk With your school counselor and Request information from the colleges.

January-February

Narrow your college list.

Set up a file for each college you are considering.

Begin researching financial aid/scholarship information.

March-May

Take the ACT & SAT.

Colleges look at many criteria. Are you involved in community activities?

Keep your grades up!

June-July

Visits colleges and take tours

Take ACT and Request college apps. for admission.

Senior Year:

August

Decide which school is right for you. Register to take ACT/SAT. An ACT score of 30 may earn you a Bright Flight Scholarship!

November

Remind parents that the Free Application for Federal Student Aid (FAFSA) forms are due as soon as possible. Check with high school counselor for deadlines.

February

If not already submitted, complete FAFSA. Keep applying for scholarships!

May

Notify colleges that you were admitted to but will not attend.

Graduate!

September

Work with your school counselor on completing admissions and financial aid/ scholarship paperwork.

December

Apply to selected colleges. Complete scholarship forms. Register for final ACT/SAT test.

March

Complete all paperwork from colleges and financial aid promptly.

June

Send thank you notes to Counselors and teachers who helped you.

Request High School transcripts sent to college of choice

October

Practice and polish essays for college admission and financial aid requests.

January

Complete the FAFSA. Submit electronically at www.fafsa.ed.gov

If available, attend financial aid night at your high school.

April

Make final decision on college to attend.

July

Pay required school fees. If moving into dorm, buy supplies.

Web Resources for High School Students and Parents: (Provided courtesy of Department of Higher Education)

For First-Third Year High School Students

ACT (<http://www.act.org/>): Information about the ACT test, preparing for college and choosing a career

The College Board (<http://www.collegeboard.com>) College planning and the SAT test

College is possible (<http://www.collegeispossible.org>) Encouraging under-represented youth to pursue higher education.

HEATH Resource Center (<http://www.heath.gwu.edu/PDFs/Finaid2004.pdf>) Financial aid information for students with disabilities

Jump\$tart Coalition (<http://www.jumpstart.org/>) Tips on saving and managing money for college

Office of Postsecondary Education (<http://www.ed.gov/students/>) U.S. Department of Education information for students

Peterson's (<http://www.petersons.com>) Education and financial aid information

Think College (<http://www.ed.gov/thinkcollege>) College preparation information for early high school students, including GED information

For High School Seniors

College opportunities Online (<http://www.nces.ed.gov/ipeds/cool>) Directory of colleges and universities including costs

FAFSA on the Web (<http://www.fafsa.ed.gov/>) Complete the Free Application for Federal Student Aid on-line

Federal Student Aid on the Web (<http://www.studentaid.ed.gov>) Federal student financial assistance information

The SmartStudent Guide to Financial Aid (<http://www.finaid.org/>) Free scholarship search and unique grant information

Students.gov (<http://www.students.gov>) Student gateway to U.S. government information and services

For Parents

Adventures in Education (<http://www.adventuresineducation.org/parents/>) Resources for families of college-bound students

The College Board (<http://www.collegeboard.com/parents/>) What parents need to know

Missouri Saving for Tuition (MO\$T) Program (<http://www.missourimost.org/>) Missouri's 529 college savings plan

Scholarship Searches

American Indian College Fund (<http://www.collegefund.org/enh.html>) Financial assistance to attend tribal colleges

American Indian Higher Education Consortium (<http://www.aihec.org>) Scholarship information for Native American students

College Connection (<http://www.collegescholarships.com>) Free scholarship information page

College Fund/UNCF (<http://www.unitednegrocollegefund.org>) Scholarships for students who attend UNCF colleges and universities

CollegeNet Mach 25 (<http://www.collegenet.com>) Scholarship database

FastWeb (<http://fastweb.monster.com>) Scholarship search and tips on careers, financial assistance, and finding a college

GOCOLLEGE (<http://www.gocollege.com>) Searches the databases of more than 800,000 individual awards and \$2.8 billion in scholarships

Hispanic Scholarship Fund (<http://www.hsf.net/>) Scholarships for Hispanic undergraduate students

Scholarship Page (<http://www.scholarship-page.com>) Search for scholarships by keyword or browse

TIPS FOR ONLINE SCHOLARSHIP SEARCHES:

Be cautious of scholarship scams. You should NEVER be required to provide credit card information to use a free scholarship search.

Many online financial assistance search services request information about you so that they can find financial assistance programs for which you may be eligible. Some of these companies may send you information about other services that they provide or sell your information to another company. READ THE FINE PRINT CAREFULLY.

Public Libraries also have resource information on scholarship searches available.

Scholarship and Financial Aid Deadlines:

Most colleges and universities offer a variety of in-house scholarships. Check early with the college you have selected to attend to obtain scholarship applications. Many of the applications will be due by **March 1st** of a student's senior high school year. Most scholarship applications require an essay to be submitted and letters of recommendations. Waiting until the end of February to begin scholarship applications may result in the loss of potential college \$\$\$\$!

It is extremely important that the **FAFSA** form be submitted by the dates provided by your high school guidance counselor and/or selected college financial aid office. Often additional financial aid offers will depend on eligibility determined by the FAFSA.

Employment Resources:

Whether attending a college, trade school, or immediately entering the job market, it is important to plan your job search and use all available resources to help you succeed!

What Employers Look For

Can you show the ability to do the job?

- Skills (training, actual or related experience)
- Educational level (GED, high school diploma, college, trade school)
- Hobbies (things you do for fun that may apply to the job)
- Aptitudes (good learning ability, dexterity)
- Interests (shown by reading books, magazines, or materials in your field)

Are you dependable?

- Loyal (people can count on you)
- Good attendance (being on the job every day unless excused)
- Punctual (being on time or, even better, ahead of time)
- Motivated to work (self-starter who need not always be told what to do)

Do you have knowledge of the job or company?

- Familiar with the language related to your area of work
- Ask questions that show knowledge of the job and company

How well do you get along with others?

- Can show consideration for others
- Is cooperative
- Can accept supervision
- Willing to take part in outside activities-bowling team, for example
- Does not argue, gossip or complain

Can you create a positive image?

- Give the feeling that you really want the job
- Be willing to work overtime
- Be optimistic-SMILE
- Try to be as confident as possible
- Dress according to what is appropriate for the job, or a little better
- Be neat and clean

Can you deal with possible problem areas?

- Avoid bringing up problems. This could be seen as affecting job performance.
- If employer brings up a problem, be prepared to **briefly** explain how you handle that problem and how it will not interfere with the job. Some of those problems could be health, transportation, child care, age, work history, chemical dependence, prison record, history of emotional illness, marital problems, etc.

Job Hunting Strategies:

1. Job hunting is a full time job! Plan to spend 35-40 hours each week on the search.
2. Take the initiative. Meet employers face-to-face.
3. Chances of getting a job are better with smaller companies than with larger ones.
4. Do homework on yourself. Identify your skills in great detail and prioritize.
5. Attend the FREE Workforce Linkage workshops offered at the Missouri Career Centers each month.
6. Be persistent. Keep at the job hunt.
7. Sell your **skills**, not your "old" occupation. Being a "farmer", a "homemaker", or a "steelworker" can limit you.
8. Discover or develop alternate names for the work you do—or alternate jobs where you can use the same skills.
9. Investigate many different organizations or businesses for job openings. Don't limit yourself to one type of organization/
10. Use a variety of job search methods—network with everyone, send out resumes, fill out applications, etc.
11. Determine what makes you better at the job you are after than other people that do what you do, then market it!
12. Get as many people helping you look for a job as possible. Friends, relatives, co-workers, professionals, and so on.
13. Look as sharp as possible. Be clean, well-dressed and alert.
14. Be sure to **write thank-you notes** to whomever assists you in your job search—daily if possible.
15. No one "owes" you a job. It is up to you to "win" a job by showing a potential employer you have the right attitude and skills.

www.MissouriCareerSource.com

You've got a story to tell about your many qualifications. Missouri Career Source will help you do just that. The advanced profiling system will make it even easier for you to showcase your experience, education, skills and contact information. This is a **Free** service and may be accessed from any internet accessible computer, 24 hours a day!

Internet Job Search Sites

Missouri Career Source	www.missouricareersource.com
Indeed	www.indeed.com
MissouriHealth Career Jobs	www.mohealthcareers.com
St. Louis Post-Dispatch	www.stltoday.com
State of Missouri	www.oa.mo.gov
Federal Jobs	www.usajobs.opm.gov
Department of Labor	www.careeronestop.org
Career Builder	www.careerbuilder.com
Monster	www.monster.com
Computer Jobs	www.dice.com
Employment Guide	www.employmentguide.com
Temporary Jobs	www.net-temps.com

Additional Job Search links may be obtained at the Missouri Career Centers.

Entrepreneurs – Starting Your Own Business

If you want to be your own boss and start a business, you need to do your homework and access free services to help your business become a reality.

U.S. Small Business Administration 1.800.U.Ask.SBA (1.800.827.5722) www.sba.gov

Services: Information, resources, services and online training in taxes and accounting, raising capital, franchising, marketing, advertising, etc.

SCORE

200 N. Broadway, Suite 1500, St. Louis, MO 63102
314.539.6600, ext. 242
www.stlscore.org

Services: Free monthly seminars for individuals interested in starting a business. Agency maintains a Business Information Center with extensive resources to assist new businesses. Provides the services of a counselor at no charge to help entrepreneurs start their own businesses and assist small business owners and managers in resolving their managerial challenges.

Websites

Consumer Information

www.pueblo.gsa.gov (Consumer Information brochures from the Federal Government)
www.onlineconversion.com (convert measurements to metric)
www.ready.gov (Preparing for an emergency)
www.ssa.gov (Social Security Home Page)

Missouri State Information

www.state.mo.gov (Missouri State Government Home Page)
www.mostateparks.com (Missouri State Parks Home Page)
www.mdc.mo.gov (Missouri Dept. of Conservation Home Page)
www.jeffcomo.org
www.franklinmo.org

Youth Advocacy/Health

www.advocatesforyouth.org (Advocates for Youth)
www.aypf.org (American Youth Policy Forum)
www.yar.org (Center for Youth as Resources)
<http://teenshealth.org>
www.cwla.org (Child Welfare League of America)
www.childrensdefense.org (The Children's Defense Fund)
www.cyfc.umn.edu/Youth/ncyd.html (National Center for Youth with Disabilities)
www.hcusa.org

Youth Employment/Career Exploration

www.missouricareersource.com
www.girlsgotech.org (Site encourages girls to consider technical careers and provides employment/education information)
www.nyec.org (National Youth Employment Coalition)
www.ysa.org (Youth Service America)
www.youthrules.dol.gov (U.S. Department of Labor Youth education site)
www.discovernursing.com
www.campaignfornursing.com

Youth Leadership/Mentoring

www.bbbsa.org (Big Brothers Big Sisters of America)
www.bsa.scouting.org (Boy Scouts of America)
www.girlscouts.org (Girl Scouts of the U.S.A.)

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